

HAIR

Ballet – High ballet bun

Tap and Ballet 5 (Wed 4:15) – Low ballet bun

Tumbling – Double French braid

(If you are in ballet or tap, as well as tumbling, you will wear a bun and not the double French braid)

Begin with damp hair and add product as needed to eliminate loose or fly away hair. Smooth away bangs on youth and teen performers. Wrap a hair net, as many times as needed to be tight, around the ballet bun. YouTube provides *many* videos on how to style a high ballet bun and French braid. Practicing hair for class and or rehearsal will guarantee you've got the products (bobby pins, gel, hairspray, hair net, etc) and method you need according to your performers hair.

MAKE-UP INSTRUCTIONS

Apply make-up heavier than everyday wear because stage lighting washes out the face:

1. Wear a button down or zip-up shirt over costume
2. Start with a clean face
3. *Optional* - Apply Primer
4. Apply Foundation
5. Apply a loose powder
6. If needed - Apply eyebrow pencil or shadow to fill thin or light brows
7. Youth and teens - curl eye lashes
8. Apply light/natural shimmering eye shadow from lash line to brow line
9. Starting on the outside corner, apply eyeliner $\frac{3}{4}$ of the way to the inner corner with small, smooth strokes
10. Youth and teens - continue the eye liner on the lower lash line $\frac{3}{4}$ of the way to the inner corner, mirroring the top lash but lighter
12. Apply mascara
13. Apply blush, starting on the apple of the cheek, in an upward sweep
14. Apply loose powder
15. Apply lipstick upon arriving backstage – Lipstick will NOT be provided